



Deben Extra Care Society Ltd  
Highlands  
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Every autumn the staff and residents of Highlands Care Home enjoy a trip to the Beach Hut run by Felixstowe Old People's Welfare Association . Yesterday the 15<sup>th</sup> of September we loaded up the mini bus for the trip to the sea on one of the hottest September days in recent years, with warm sunshine the keener members of the party plunged in for a swim while others enjoyed a paddle. The whole party enjoyed fish and chips followed by ice-cream before the return journey to Woodbridge



We are a member of the Abbeyfield Society. Registered Office Highlands (As Above)  
Registered with the Housing Corporation H3108.  
Registered under the Industrial and Provident Societies Act 1995 No 22810R an Exempt Charity

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